# ON CURVES IN PSEUDO-RIEMANNIAN SUBMANIFOLDS 

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## § 0. Introduction.

Let $M_{\alpha}$ be a pseudo-Riemannian submanifold of index $\alpha$ in a pseudoRiemannian manifold $\tilde{M}_{\beta}$ of index $\beta$. We denote the metric by $\langle$,$\rangle and the$ covariant differentiation of $M_{\alpha}$ by $\nabla$. In our previous papers [1] and [6], we defined circles and helices in pseudo-Riemannian manifolds and studied the submanifolds which satisfy the following conditions:
(A) every circle in $M_{\alpha}$ with $\langle X, X\rangle=\varepsilon_{0}$ and $\left\langle\nabla_{X} X, \nabla_{X} X\right\rangle=\varepsilon_{1} k^{2}$ is a circle in $\tilde{M}_{\beta}\left(\varepsilon_{0}=+1\right.$ or $-1, \varepsilon_{1}=+1,-1$ or $\left.0,-2 \alpha+2 \leqq \varepsilon_{0}+\varepsilon_{1} \leqq 2 n-2 \alpha-2\right)$,
(B) every geodesic in $M_{\alpha}$ with $\langle X, X\rangle=\varepsilon_{0}$ is a circle in $\tilde{M}_{\beta}\left(\varepsilon_{0}=+1\right.$ or -1 , $\left.-\alpha \leqq \varepsilon_{0} \leqq n-\alpha\right)$,
(C) every helix in $M_{\alpha}$ with $\langle X, X\rangle=\varepsilon_{0},\left\langle\nabla_{X} X, \nabla_{X} X\right\rangle=\varepsilon_{1} k^{2}$ and $\left\langle\nabla_{X} X, \nabla_{X} X\right\rangle$ $=\varepsilon_{0} k^{4}+\varepsilon_{2} k^{2} l^{2}$ is a helix in $\tilde{M}_{\beta}\left(\varepsilon_{0}, \varepsilon_{1}=+1\right.$ or $-1, \varepsilon_{2}=+1,-1$ or 0 , $\left.-2 \alpha+3 \leqq \varepsilon_{0}+\varepsilon_{1}+\varepsilon_{2} \leqq 2 n-2 \alpha-3\right)$,
where $k$ and $l$ are positive constants, $X$ is the unit tangent vector field of the curve and $\nabla_{X}$ is the covariant derivative along the curve. For the case of Riemannian or Lorentzian submanifolds, these conditions have been treated in many papers (see [3], [4], [7] and [9]).

In this paper, we study the submanifolds which satisfy the following conditions:
(D) every circle in $M_{\alpha}$ with $\langle X, X\rangle=\varepsilon_{0}$ and $\left\langle\nabla_{X} X, \nabla_{X} X\right\rangle=\varepsilon_{1} k^{2}$ is a helix in $\tilde{M}_{\beta}\left(\varepsilon_{0}=+1\right.$ or $-1, \varepsilon_{1}=+1,-1$ or $\left.0,-2 \alpha+3 \leqq \varepsilon_{0} \leqq 2 n-2 \alpha-3\right)$,
(E) every geodesic in $M_{\alpha}$ with $\langle X, X\rangle=\varepsilon_{0}$ is a helix in $\tilde{M}_{\beta}\left(\varepsilon_{0}=+1\right.$ or -1 , $\left.-\alpha \leqq \varepsilon_{0} \leqq n-\alpha\right)$.
Nakagawa [5] has investigated isotropic Riemannian submanifolds which satisfy (E). Instead, we deal with pseudo-Riemannian hypersurfaces which satisfy (E). The author would like to express his hearty thanks to Professor S. Yamaguchi for his constant ecouragement and various advice. He also wish to thank Professor N. Abe for his helpful suggestions.

## § 1．Prelimiuaries．

Let $V_{\alpha}$ be an $n$－dimensional real vector space equipped with an inner product 〈，〉 of index $\alpha$ ．A nonzero vector $x$ of $V_{\alpha}$ is said to be null if $\langle x, x\rangle=0$ and unit if $\langle x, x\rangle=+1$ or -1 ．Our main tools in this paper are the following lemmas of linear algebra［1］：

Lemma 1．1．For any r－linear mapping $T$ on $V_{\alpha}$ to a real vector space $W$ and $\varepsilon_{0}=+1$ or $-1\left(-\alpha \leqq \varepsilon_{0} \leqq n-\alpha\right)$ ，the following conditions are equivalent：
（a）$T(x, \cdots, x)=0$ for any $x \in V_{\alpha}$ such that $\langle x, x\rangle=\varepsilon_{0}$ ，
（b）$T(x, \cdots, x)=0$ for any $x \in V_{\alpha}$ ．
Lemma 1．2．For any $2 r$－linear mapping $T$ on $V_{\alpha}$ to a real vector space $W$ and $\varepsilon_{0}=+1$ or $-1, \varepsilon_{1}=+1,-1$ or $0\left(2-2 \alpha \leqq \varepsilon_{0}+\varepsilon_{1} \leqq 2 n-2 \alpha-2\right)$ ，the following conditions are equivalent：
（a）$\sum_{i=1}^{2 r} T(x, \cdots, x, u, x, \cdots, x)=0$ for any orthogonal vectors $x, u \in V_{\alpha}$ such that $\langle x, x\rangle=\varepsilon_{0}$ and $\langle u, u\rangle=\varepsilon_{1}$ ，
（b）there exists $w \in W$ such that $T(x, \cdots, x)=\langle x, x\rangle^{r} w$ for any $x \in V_{\alpha}$ ．
Next，we recall the general theory of pseudo－Riemannian submanifold to fix our notation．Let $M_{\alpha}$ be an $n$－dimensional pseudo－Riemannian manifold of index $\alpha(0 \leqq \alpha \leqq n)$ isometrically immersed into an $m$－dimensional pseudo－Riemannian manifold $\tilde{M}_{\beta}$ of index $\beta$ ．Then $M_{\alpha}$ is called a pseudo－Riemannian submanifold of $\tilde{M}_{\beta}$ ．We denote the metrics of $M_{\alpha}$ and $\tilde{M}_{\beta}$ by the symbol 〈，〉 and the covariant differentiation of $M_{\alpha}$（resp．$\tilde{M}_{\beta}$ ）by $\nabla$（resp．$\tilde{\nabla}$ ）．Gauss＇formula is

$$
\tilde{\nabla}_{X} Y=\nabla_{X} Y+B(X, Y),
$$

where $X$ and $Y$ are tangent vector fields of $M_{\alpha}$ and $B$ is the second fundamental form of $M_{\alpha}$ ．Weingarten＇s formula is

$$
\tilde{\nabla}_{x} \xi=-A_{\xi} X+\nabla_{\frac{1}{x}} \xi,
$$

where $X$（resp．$\xi$ ）is a tangent（resp．normal）vector field of $M_{\alpha}, \nabla^{+}$is the covariant differentiation with respect to the induced connection in the normal bundle $N\left(M_{\alpha}\right)$ and $A_{\xi}$ is the shape operator of $M_{\alpha}$ ．We have the following relation：

$$
\left\langle A_{\xi} X, Y\right\rangle=\langle B(X, Y), \xi\rangle .
$$

For the second fundamental form and the shape operator，we define their covariant derivatives by

$$
\nabla B(X, Y, Z)=\nabla_{\frac{1}{2}}(B(X, Y))-B\left(\nabla_{Z} X, Y\right)-B\left(X, \nabla_{Z} Y\right),
$$

$$
\begin{aligned}
& \bar{\nabla}^{2} B(X, Y, Z, W)= \nabla_{\frac{1}{W}(\nabla B(X, Y, Z))-\bar{\nabla} B\left(\nabla_{W} X, Y, Z\right)} \\
& \quad-\bar{\nabla} B\left(X, \nabla_{W} Y, Z\right)-\bar{\nabla} B\left(X, Y, \nabla_{W} Z\right), \\
&\left(\nabla_{Y} A\right)_{\xi} X=\nabla_{Y}\left(A_{\xi} X\right)-A_{\nabla_{\frac{1}{\xi} \xi}} X-A_{\xi} \nabla_{Y} X,
\end{aligned}
$$

where $X, Y, Z, W$ are tangent vector fields of $M_{\alpha}$ and $\xi$ is a normal vector field of $M_{\alpha}$. The mean curvature vector field $H$ of $M_{\alpha}$ is defined by

$$
H:=(1 / n) \sum_{i=1}^{n}\left\langle e_{i}, e_{i}\right\rangle B\left(e_{i}, e_{i}\right),
$$

where $\left\{e_{1}, \cdots, e_{n}\right\}$ is an orthonormal frame of $M_{\alpha} . H$ is said to be parallel when $\nabla^{\perp} H=0$ holds. If the second fundamental form $B$ satisfies

$$
B(X, Y)=\langle X, Y\rangle H
$$

for any tangent vector fields $X, Y$ of $M_{\alpha}$, then $M_{\alpha}$ is said to be totally umbilic. A totally umbilical submanifold with the parallel mean curvature vector field is called an extrinsic sphere. If the second fundamental form vanishes identically on $M_{\alpha}$, then $M_{\alpha}$ is said to be totally geodesic.

By using Lemma 1.2, we proved the following lemma in [1]:
Lemma 1.3. If $B(n, n)=0$ holds for any null vector $n$ of $M_{\alpha}(1 \leqq \alpha \leqq n-1)$, then $M_{\alpha}$ is totally umbilic.

## § 2. Curves in a pseudo-Riemannian manifold.

Let $c=c(t)$ be a regular curve in a pseudo-Riemannian manifold $M_{\alpha}$. We denote the tangent vector field $c^{\prime}(t)$ by the letter $X$. When $\langle X, X\rangle=+1$ or -1 , $c$ is called a unit speed curve. In this paper, a unit speed curve $c$ in $M_{\alpha}$ is said to be a helix if and only if there exist constants $\alpha, \beta$ and vector fields $U, V$ of constant length along $c$ such that $X, U, V$ are orthogonal and the following equations hold:

$$
\nabla_{X} X=U, \quad \nabla_{X} U=\alpha X+V, \quad \nabla_{X} V=\beta U,
$$

where $\nabla_{X}$ is the covariant derivative along $c$. Especially, if $V=0$ in this equation, the curve is called a circle. Moreover, if $U=V=0$ in this equation, the curve is a geodesic. We have the following lemma [6]:

Lemma 2.1. A unit speed curve $c$ in $M_{\alpha}$ is a helix if and only if there exists a constant $\lambda$ such that

$$
\nabla_{X} \nabla_{X} \nabla_{X} X=\lambda \nabla_{X} X,
$$

where $X:=c^{\prime}(t)$.
Let $M_{\alpha}$ be a pseudo-Riemannian submanifold in a pseudo-Riemannian manifold $\tilde{M}_{\beta}$. By Gauss' formula we have

$$
\begin{equation*}
\tilde{\nabla}_{X} X=\nabla_{X} X+B(X, X) \tag{2.1}
\end{equation*}
$$

Differentiating with respect to $X$ and using Gauss' formula and Weingarten's formula, we get

$$
\tilde{\nabla}_{X} \tilde{\nabla}_{X} X=\nabla_{X} \nabla_{X} X-A_{B(X, X)} X+3 B\left(X, \nabla_{X} X\right)+\nabla B(X, X, X),
$$

from which we obtain

$$
\begin{align*}
\tilde{\nabla}_{X} \tilde{\nabla}_{X} \tilde{\nabla}_{X} X= & \nabla_{X} \nabla_{X} \nabla_{X} X-2 A_{\bar{\nabla}_{B(X, X, X)} X-5 A_{B\left(X, \nabla_{X} X\right.} X}  \tag{2.2}\\
& -\left(\nabla_{X} A\right)_{B(X, X)} X-A_{B(X, X)} \nabla_{X} X \\
& -B\left(X, A_{B(X, X)} X\right)+4 B\left(X, \nabla_{X} \nabla_{X} X\right)+3 B\left(\nabla_{X} X, \nabla_{X} X\right) \\
& +5 \nabla B\left(X, \nabla_{X} X, X\right)+\nabla B\left(X, X, \nabla_{X} X\right)+\nabla^{2} B(X, X, X, X) .
\end{align*}
$$

## § 3. The first main theorem.

Now we state our result concerning the condition (D).
Theorem 3.1. Let $M_{\alpha}$ be a pseudo-Riemannian submanifold in a pseudoRiemannian manifold $\tilde{M}_{\beta}$ and $\varepsilon_{0}=+1$ or $-1\left(-2 \alpha+3 \leqq \varepsilon_{0} \leqq 2 n-2 \alpha-3\right), \varepsilon_{1}=+1$, -1 or 0 . For any positive constant $k$, the following conditions are equivalent:
(a) every circle in $M_{\alpha}$ with $\langle X, X\rangle=\varepsilon_{0}$ and $\left\langle\nabla_{X} X, \nabla_{X} X\right\rangle=\varepsilon_{1} k^{2}$ is a helix in $\tilde{M}_{\beta}$, (b) $M_{\alpha}$ is an extrinsic sphere.

Proof. Suppose that (a) holds. Let $x$ and $u$ be any mutually orthogonal nonzero vectors at $p$ such that

$$
\langle x, x\rangle=\varepsilon_{0} \quad \text { and } \quad\langle u, u\rangle=\varepsilon_{1} .
$$

There exists a circle $c$ of $M_{\alpha}$ such that

$$
c(0)=p, \quad X(p)=x \quad \text { and } \quad\left(\nabla_{X} X\right)(p)=k u
$$

where $X:=c^{\prime}(t)$. By the definition, there exists a constant $\alpha$ such that

$$
\nabla_{X} \nabla_{X} X=\alpha X
$$

Since $\left\langle\nabla_{X} X, X\right\rangle=0, \alpha$ is calculated as

$$
\begin{aligned}
\alpha & =\varepsilon_{0}\langle\alpha X, X\rangle(p)=\varepsilon_{0}\left\langle\nabla_{X} \nabla_{X} X, X\right\rangle(p) \\
& =-\varepsilon_{0}\left\langle\nabla_{X} X, \nabla_{X} X\right\rangle(p)=-\varepsilon_{0} \varepsilon_{1} k^{2},
\end{aligned}
$$

which means that

$$
\nabla_{X} \nabla_{X} X=-\varepsilon_{0} \varepsilon_{1} k^{2} X
$$

Substituting this into (2.2), we have

$$
\begin{align*}
\tilde{\nabla}_{X} \tilde{\nabla}_{X} \tilde{\nabla}_{X} X= & -\varepsilon_{0} \varepsilon_{1} k^{2} \nabla_{X} X-2 A_{\left.\bar{\nabla}_{B(X, X}, X\right)} X-5 A_{B\left(X, \nabla_{X} X\right)} X  \tag{3.1}\\
& -\left(\bar{\nabla}_{X} A\right)_{B(X, X)} X-A_{B(X, X)} \nabla_{X} X \\
& -B\left(X, A_{B(X, X)} X\right)-4 \varepsilon_{0} \varepsilon_{1} k^{2} B(X, X)+3 B\left(\nabla_{X} X, \nabla_{X} X\right) \\
& +5 \bar{\nabla} B\left(X, \nabla_{X} X, X\right)+\bar{\nabla} B\left(X, X, \nabla_{X} X\right)+\bar{\nabla}^{2} B(X, X, X, X) .
\end{align*}
$$

On the other hand, since $c$ is a helix in $\tilde{M}_{\beta}$ by the assumption, there exists a constant $\tilde{\lambda}$ such that

$$
\tilde{\nabla}_{x} \tilde{\nabla}_{x} \tilde{\nabla}_{x} X=\lambda \tilde{\nabla}_{x} X
$$

The constant $\tilde{\lambda}$ depends on the initial vectors $x, u$. So we rewrite the above equation as

$$
\tilde{\nabla}_{X} \tilde{\nabla}_{X} \tilde{\nabla}_{X} X=\tilde{\lambda}(x, u) \tilde{\nabla}_{X} X
$$

If we substitute (2.1) and (3.1) into this equation and take the tangential part and the normal part at $p$ respectively, then we obtain

$$
\begin{align*}
\tilde{\lambda}(x, u) k u= & -\varepsilon_{0} \varepsilon_{1} k^{3} u-2 A_{\bar{\nabla}_{B(x, x, x)}} x-5 k A_{B(x, u)} x  \tag{3.2}\\
& -\left(\nabla_{x} A\right)_{B(x, x)} x-k A_{B(x, x)} u \\
\tilde{\lambda}(x, u) B(x, x)= & -B\left(x, A_{B(x, x)} x\right)-4 \varepsilon_{0} \varepsilon_{1} k^{2} B(x, x)  \tag{3.3}\\
& +3 k^{2} B(u, u)+5 k \bar{\nabla} B(x, u, x)+k \bar{\nabla} B(x, x, u) \\
& +\bar{\nabla}^{2} B(x, x, x, x) .
\end{align*}
$$

Adding (3.2) to the equation obtained by changing $u$ into $-u$ in (3.2), we have

$$
\begin{equation*}
\{-\tilde{\lambda}(x,-u)+\tilde{\lambda}(x, u)\} k u=-4 A_{\bar{\nabla}_{B(x, x, x)}} x-2\left(\bar{\nabla}_{x} A\right)_{B(x, x)} x, \tag{3.4}
\end{equation*}
$$

By subtracting (3.2) from the equation obtained by changing $u$ into $-u$ in (3.2), we get

$$
\begin{equation*}
\{-\tilde{\lambda}(x,-u)-\tilde{\lambda}(x, u)\} u=2 \varepsilon_{0} \varepsilon_{1} k^{2} u+10 A_{B(x, u)} x+2 A_{B(x, x)} u . \tag{3.5}
\end{equation*}
$$

Next, subtracting (3.3) from the equation obtained by changing $u$ into $-u$ in (3.3), we have

$$
\begin{equation*}
\{\tilde{\lambda}(x,-u)-\tilde{\lambda}(x, u)\} B(x, x)=-10 k \bar{\nabla} B(x, u, x)-2 k \bar{\nabla} B(x, x, u) \tag{3.6}
\end{equation*}
$$

By adding (3.3) to the equation obtained by changing $u$ into $-u$ in (3.3), we get

$$
\begin{align*}
\{\tilde{\lambda}(x,-u)+\tilde{\lambda}(x, u)\} B(x, x)= & -2 B\left(x, A_{B(x, x)} x\right)-8 \varepsilon_{0} \varepsilon_{1} k^{2} B(x, x)  \tag{3.7}\\
& +6 k^{2} B(u, u)+2 \nabla^{2} B(x, x, x, x) .
\end{align*}
$$

Let $w$ be any tangent vector of $M_{\alpha}$ at $p$ which is linearly independent of $u$ and satisfies

$$
\langle w, w\rangle=\varepsilon_{1} \quad \text { and }\langle x, w\rangle=0 .
$$

Subtracting (3.4) from the equation obtained by changing $u$ into $w$ in (3.4), we have

$$
\{-\tilde{\lambda}(x,-w)+\tilde{\lambda}(x, w)\} k w-\{-\tilde{\lambda}(x,-u)+\tilde{\lambda}(x, u)\} k u=0,
$$

from which we have

$$
\tilde{\lambda}(x,-u)=\tilde{\lambda}(x, u) .
$$

Thus (3.5), (3.6) and (3.7) are reduced to

$$
\begin{align*}
& \tilde{\lambda}(x, u) u=-\varepsilon_{0} \varepsilon_{1} k^{2} u-5 A_{B(x, u)} x-A_{B(x, x)} u,  \tag{3.8}\\
& \begin{aligned}
5 \bar{\nabla} B(x, u, x)+ & \nabla \nabla B(x, x, u)=0, \\
\tilde{\lambda}(x, u) B(x, x) & =-B\left(x, A_{B(x, x)} x\right)-4 \varepsilon_{0} \varepsilon_{1} k^{2} B(x, x) \\
& \quad 3 k^{2} B(u, u)+\bar{\nabla}^{2} B(x, x, x, x) .
\end{aligned} \tag{3.9}
\end{align*}
$$

Here, we divide the situation into two cases where $\varepsilon_{1}=0$ (Case 1) and $\varepsilon_{1}=+1$ or -1 (Case 2).

Case 1. Note that (3.8) and (3.10) hold for any mutually orthogonal nonzero vectors $x, u \in T_{p}\left(M_{\alpha}\right)$ with $\langle x, x\rangle=\varepsilon_{0}$ and $\langle u, u\rangle=0$. Subtracting (3.8) from the equation obtained by changing $u$ into $2 u$ in (3.8) and dividing with 2 , we can see that

$$
\tilde{\lambda}(x, 2 u)-\tilde{\lambda}(x, u)=0 .
$$

On the other hand, if we substract (3.10) from the equation obtained by changing $u$ into $2 u$ in (3.10), then we get

$$
\{\tilde{\lambda}(x, 2 u)-\tilde{\lambda}(x, u)\} B(x, x)=9 k^{2} B(u, u) .
$$

Consequently, we find that $B(u, u)=0$. This equation holds for any null vector $u \in T_{p}\left(M_{\alpha}\right)$ because there exists $x \in T_{p}\left(M_{\alpha}\right)$ such that $\langle x, x\rangle=\varepsilon_{0}$ and $\langle x, u\rangle=0$.

Case 2. Taking the inner product with $u$ in (3.8), we have

$$
\begin{equation*}
\tilde{\lambda}(x, u)=-\varepsilon_{0} \varepsilon_{1} k^{2}-\varepsilon_{1}(5\langle B(x, u), B(x, u)\rangle+\langle B(x, x), B(u, u)\rangle), \tag{3.11}
\end{equation*}
$$

which, together with (3.8), yields that

$$
\begin{aligned}
& (5\langle B(x, u), B(x, u)\rangle+\langle B(x, x), B(u, u)\rangle) u \\
= & \langle u, u\rangle\left(5 A_{B(x, u)} x+A_{B(x, x)} u\right) .
\end{aligned}
$$

By Lemma 1.1, this equation holds for any $u \in T_{p}\left(M_{\alpha}\right)$ which is orthogonal to $x$. Especially, for any null vector $n \in T_{p}\left(M_{\alpha}\right)$ such that $\langle x, n\rangle=0$, we have

$$
\begin{equation*}
5\langle B(x, n), B(x, n)\rangle+\langle B(x, x), B(n, n)\rangle=0 . \tag{3.12}
\end{equation*}
$$

On the other hand, by making use of (3.10) and (3.11), we get

$$
\begin{aligned}
& \varepsilon_{1}(5\langle B(x, u), B(x, u)\rangle+\langle B(x, x), B(u, u)\rangle) B(x, x) \\
& \quad-\varepsilon_{1}\langle u, u\rangle B\left(x, A_{B(x, x)} x\right)+3 k^{2} B(u, u) \\
& \quad-3 \varepsilon_{0}\langle u, u\rangle k^{2} B(x, x)+\varepsilon_{1}\langle u, u\rangle \nabla^{2} B(x, x, x, x)=0 .
\end{aligned}
$$

Since this equation also holds for any $u \in T_{p}\left(M_{\alpha}\right)$ such that $\langle x, u\rangle=0$ by means of Lemma 1.1, we have

$$
\varepsilon_{1}(5\langle B(x, n), B(x, n)\rangle+\langle B(x, x), B(n, n)\rangle) B(x, x)+3 k^{2} B(n, n)=0,
$$

for any null vector $n \in T_{p}\left(M_{\alpha}\right)$ such that $\langle x, u\rangle=0$, which, together with (3.12), means that $B(n, n)=0$. This equation holds for any null vector $n \in T_{p}\left(M_{\alpha}\right)$ because there exists $x \in T_{p}\left(M_{\alpha}\right)$ such that $\langle x, x\rangle=\varepsilon_{0}$ and $\langle x, n\rangle=0$. Consequently, we get $B(n, n)=0$ for both cases. By Lemma 1.3, we see that $M_{\alpha}$ is totally umbilic. So we have $B(x, y)=\langle x, y\rangle H$ for any $x, y \in T_{p}\left(M_{\alpha}\right)$, from which we get $\nabla B(x, y, z)=\langle x, y\rangle \nabla_{\frac{1}{2}} H$ for any $x, y, z \in T_{p}\left(M_{\alpha}\right)$, which implies that (3.9) is reduced to $\nabla_{u}^{\frac{1}{u}} H=0$. Note that this equation holds for any $u \in T_{p}\left(M_{\alpha}\right)$ such that $\langle u, u\rangle=\varepsilon_{1}$. Let $y \in T_{p}\left(M_{\alpha}\right)$ be a vector which is orthogonal to $x$ and satisfies $\langle y, y\rangle=\varepsilon_{1}-\varepsilon_{0}$. Since $\langle x+y, x+y\rangle=\langle x-y, x-y\rangle=\varepsilon_{1}$, we have

$$
\nabla_{x+y}^{\frac{1}{x}} H=\nabla_{\frac{1}{x}-y}^{1} H=0,
$$

from which we get $\nabla_{\frac{1}{x}} H=0$. Applying Lemma 1.1 to this equation, we have $\nabla^{\perp} H=0$ and see that $M_{\alpha}$ is an extrinsic sphere.

Conversely, if $M_{\alpha}$ is an extrinsic sphere, every circle in $M_{\alpha}$ with $\langle X, X\rangle=\varepsilon_{0}$ and $\left\langle\nabla_{X} X, \nabla_{X} X\right\rangle=\varepsilon_{1} k^{2}$ is a circle in $\tilde{M}_{\beta}$ (see [1]). Since a circle is a kind of a helix, we can say that (b) implies (a).
Q.E.D.

## §4. The second main theorem.

We prove the following theorem concerning the condition (E):
Theorem 4.1. Let $M_{\alpha}$ be a pseudo-Riemannian hypersurface in a pseudoRiemannian manifold $\tilde{M}_{\beta}$ and $\varepsilon_{0}=+1$ or $-1\left(-\alpha \leqq \varepsilon_{0} \leqq n-\alpha\right)$. Then the following conditions are equivalent:
(a) every geodesic in $M_{\alpha}$ with $\langle X, X\rangle=\varepsilon_{0}$ is a helix in $\tilde{M}_{\beta}$,
(b) $\nabla B=0$.

Proof. For a geodesic, (2.1) and (2.2) are reduced to

$$
\begin{align*}
& \tilde{\nabla}_{X} X=B(X, X),  \tag{4.1}\\
& \begin{aligned}
\tilde{\nabla}_{X} \tilde{\nabla}_{X} \tilde{\nabla}_{X} X= & -2 A_{\bar{\nabla}_{B(X, X, X)} X-\left(\nabla_{X} A\right)_{B(X, X)} X} \\
& -B\left(X, A_{B(X, X)} X\right)+\nabla^{2} B(X, X, X, X)
\end{aligned} \tag{4.2}
\end{align*}
$$

because $\nabla_{X} X=0$. Assume that (a) holds. Let $x \in T_{p}\left(M_{\alpha}\right)$ be any vector with $\langle x, x\rangle=\varepsilon_{0}$. There exists a geodesic $c$ of $M_{\alpha}$ such that

$$
c(0)=p \quad \text { and } \quad X(p)=x
$$

where $X:=c^{\prime}(t)$. Since $c$ is a helix in $\tilde{M}_{\beta}$ by the assumption, there exists a constant $\tilde{\lambda}$ such that

$$
\tilde{\nabla}_{X} \tilde{\nabla}_{X} \tilde{\nabla}_{X} X=\tilde{\lambda} \tilde{\nabla}_{X} X
$$

Substituting (4.1) and (4.2) into this equation and taking the tangential part, we obtain

$$
\begin{equation*}
2 A_{\bar{\nabla}(X, X, X)} X+\left(\bar{\nabla}_{X} A\right)_{B(X, X)} X=0 \tag{4.3}
\end{equation*}
$$

If we take the inner product with $X$, then we have

$$
\begin{equation*}
\langle\bar{\nabla} B(X, X, X), B(X, X)\rangle=0 \tag{4.4}
\end{equation*}
$$

from which we find

$$
X(\langle B(X, X), B(X, X)\rangle)=0
$$

which means that $\langle B(X, X), B(X, X)\rangle$ is constant along $c$. If $\langle B(X, X), B(X, X)\rangle$ is nonzero, $B(X, X)$ is nonzero at any point of $c$, so that (4.4) implies $\nabla B(X, X, X)=0$, because $M_{\alpha}$ is a hypersurface. When $\langle B(X, X), B(X, X)\rangle=0$, we have $B(X, X)=0$. Thus we get $\nabla B(X, X, X)=0$ for both cases. Taking the value at $p$, we have

$$
\begin{equation*}
\nabla B(x, x, x)=0 . \tag{4.5}
\end{equation*}
$$

Let $y$ be any vector of $T_{p}\left(M_{\alpha}\right)$. Applying Lemma 1.1 to the above equation, we get

$$
\bar{\nabla} B(y, y, y)=0
$$

Changing $y$ into $x+y$, we have

$$
\begin{aligned}
0 & =\bar{\nabla} B(x+y, x+y, x+y) \\
& =\nabla B(x, x, y)+2 \bar{\nabla} B(x, y, x)+\nabla B(y, y, x)+2 \nabla B(y, x, y),
\end{aligned}
$$

Adding this equation to the equation obtained by changing $y$ into $-y$ in this equation, we get

$$
\begin{equation*}
\nabla B(y, y, x)+2 \nabla B(y, x, y)=0 \tag{4.6}
\end{equation*}
$$

On the other hand, we have $\left(\nabla_{x} A\right)_{B(x, x)} x=0$ by (4.3) and (4.5). Making use of Lemma 1.1, we obtain $\left(\nabla_{y} A\right)_{B(y, y)} y=0$. Taking the inner product with $x$, we have $\langle\nabla B(y, x, y), B(y, y)\rangle=0$. Combining this equation with (4.6), we get $\langle\nabla B(y, y, x), B(y, y)\rangle=0$. Now we extend the vector $y$ to the parallel local vector field $Y$ along $c$. Since the above equation holds at any point of $M_{\alpha}$, we
have

$$
\begin{equation*}
\langle\bar{\nabla} B(Y, Y, X), B(Y, Y)\rangle=0, \tag{4.7}
\end{equation*}
$$

from which we find

$$
X(\langle B(Y, Y), B(Y, Y)\rangle)=0
$$

which means that $\langle B(Y, Y), B(Y, Y)\rangle$ is constant along $c$. If $\langle B(Y, Y), B(Y, Y)\rangle$ is nonzero, $B(Y, Y)$ is nonzero at any point of $c$, so that (4.7) implies $\nabla B(Y, Y, X)=0$, because $M_{\alpha}$ is a hypersurface. When $\langle B(Y, Y), B(Y, Y)\rangle=0$, we have $B(Y, Y)=0$. Thus we get $\bar{\nabla} B(Y, Y, X)=0$ for both cases. Taking the values at $p$, we get $\nabla B(y, y, x)=0$. Let $v, w$ be any vectors of $T_{p}\left(M_{\alpha}\right)$. Applying Lemma 1.1 to the above equation, we get $\nabla B(y, y, w)=0$. Changing $y$ into $y+v$, we have

$$
0=\bar{\nabla} B(y+v, y+v, w)=2 \bar{\nabla} B(y, v, w),
$$

which means that $\bar{\nabla} B=0$ holds.
Conversely, suppose that (b) holds. Let $c$ be any geodesic in $M_{\alpha}$ with $\langle X, X\rangle=\varepsilon_{0}$ where $X:=c^{\prime}(t)$. Since $\nabla B=0,\langle B(X, X), B(X, X)\rangle$ is constant along c. If $\langle B(X, X), B(X, X)\rangle=0$, we have $B(X, X)=0$ and find $\tilde{\nabla}_{X} X=0$ by (4.1), which means that $c$ is a geodesic in $\tilde{M}_{\beta}$. Next, we suppose $\langle B(X, X), B(X, X)\rangle$ is a nonzero constant. Since $M_{\alpha}$ is a hypersurface, there exists a scalar field $\tilde{\lambda}$ along $c$ such that

$$
\begin{equation*}
B\left(X, A_{B(X, X)} X\right)=-\tilde{\lambda} B(X, X) \tag{4.8}
\end{equation*}
$$

By taking the inner product with $B(X, X)$, we find that $\tilde{\lambda}$ is equal to

$$
-\left\langle B(X, X), B\left(X, A_{B(X, X)} X\right)\right\rangle /\langle B(X, X), B(X, X)\rangle
$$

which is constant along $c$ because of $\nabla B=0$. On the other hand, (4.1), (4.2), (4.8) and $\nabla B=0$ imply

$$
\tilde{\nabla}_{X} \tilde{\nabla}_{X} \tilde{\nabla}_{X} X=-B\left(X, A_{B(X, X)} X\right)=\tilde{\lambda} B(X, X)=\tilde{\lambda} \tilde{\nabla}_{X} X .
$$

Consequently, it follows that $c$ is a helix in $\tilde{M}_{\beta}$ from Lemma 2.1. Q.E.D.

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