

\tilde{L} -EQUIVALENCE AND REPRESENTATIONS OF HOMOLOGY CLASSES

By

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(Received Feb. 10, 1972)

§ 0. Introduction

In the paper we will discuss on an equivalence relation between $(n-1)$ -submanifolds in an n -manifold, and on representations of $(n-1)$ -dimensional homology classes of an n -manifold. We shall work in the PL category. By the smoothing theory, required results in the differentiable category may be obtained.

R. Thom [8] introduced the concept of "*L-equivalence*" between submanifolds in a manifold. We shall introduce the concepts of " \tilde{L} -equivalence" between $(n-1)$ -submanifolds in an n -manifold, and of " \tilde{L} -manifold", see Definitions 4 and 5 in § 2. Then, we shall obtain;

Theorem 1. *Every compact connected orientable manifold, without boundary or with connected boundary, is an \tilde{L} -manifold.*

It is a well known result by *R. Thom* [8] that every $(n-1)$ -dimensional homology class $\theta \in H_{n-1}(M; Z)$ of an orientable n -manifold M is representable by a submanifold in M . But, he didn't refer to the number of connected components of the submanifold representing θ . We will give the necessary and sufficient condition for θ to be representable by a submanifold having β connected components.

Let M be a compact orientable n -manifold. By the Poincaré duality, $H_{n-1}(M; Z)$ is a free abelian group of finite rank. Let $\{g_1, g_2, \dots, g_r\}$ be a free abelian basis for $H_{n-1}(M; Z)$. An implication of Theorem 1 is as follows;

Theorem 2. *Let M be a compact connected orientable n -manifold without boundary or with connected boundary. For a non-trivial homology class*

$$\theta = a_1 g_1 + a_2 g_2 + \dots + a_r g_r,$$

of $H_{n-1}(M; Z)$ the following conditions are equivalent;

- (1) θ can be represented by a submanifold having β connected components in M .

- (2) $\beta \geq |\alpha|$, where α is the greatest common divisor (a_1, a_2, \dots, a_r) of a_1, a_2, \dots, a_r .

So, as a special case of Theorem 2, we have;

Theorem 3. *Let M be a compact connected orientable n -manifold without boundary or with connected boundary. For a non-trivial homology class*

$$\theta = a_1 g_1 + a_2 g_2 + \dots + a_r g_r,$$

of $H_{n-1}(M; Z)$, the following conditions are equivalent;

- (1) θ can be represented by a connected submanifold in M .
- (2) the greatest common divisor $(a_1, a_2, \dots, a_r) = 1$.

First in this direction, *T. Kaneko* [2] obtained a complete answer to this problem for closed surfaces in 1965. Then *S. Suzuki* extended his result to surfaces with boundary [7] and also in the direction for the above Theorem 2 [6]. The author gave an extension of our problem to 3-manifolds under some conditions [9]. In this paper this problem will be perfected. In preparing this paper, *M. Kato* has informed the author that independently *H. Nakatsuka* has also proved our Theorem 3 by different methods.

In § 1, we shall introduce an elementary operation \square_k , and give the proof of Lemma 1, which is of importance in the sequel. In § 2, we shall introduce the concepts of " \tilde{L} -equivalence" and " \tilde{L} -manifold". We shall consider the relation between " L -equivalence" and " \tilde{L} -equivalence", and prove Theorem 1. In § 3, we will give the proofs of Theorems 2 and 3.

In this paper, all manifolds will be compact and oriented. PL embeddings will be locally flat and submanifolds in a manifold will be locally flat and closed. And an ambient n -manifold M is always connected, but a submanifold in a manifold is not always connected unless we mention.

I am indebted to Professors *T. Homma*, *F. Hosokawa*, *M. Kato*, *S. Suzuki* and *T. Yanagawa* for their help.

§ 1. Notations and operations k

Throughout the paper, ∂M , $\text{int}M$, $\text{cl}M$ denote the boundary, the interior and the closure of a manifold M , respectively. $N(A; B)$ denotes a regular neighborhood of a subpolyhedron A in a polyhedron B . Homeomorphism and isomorphism are denoted by the same symbol \cong , while \approx , \simeq and \sim denote, respectively, to isotopy, homotopy and homology. I , D^k and Δ^m mean, respectively, the closed

interval $[0, 1]$, k -simplex and m -simplex.

For a submanifold A in a manifold, $-A$ is the submanifold having the opposite orientation of A . For integers a_1, a_2, \dots, a_i , (a_1, a_2, \dots, a_i) denotes the greatest common divisor of them. Especially, we assume that $(a_1, a_2, \dots, a_i) \geq 0$.

Let A be an $(n-1)$ -submanifold in an n -manifold M . Let l be a simple oriented arc in M that spans A with disorienting orientation, i.e. $l \cap A = \partial l \cap A = \partial l$, and let $f: I \rightarrow M$ be an embedding such that $f(I) = l$. Then, we can add an n -cell $I \times \Delta^{n-1}$ to A by a homeomorphism $\tilde{f}: I \times \Delta \rightarrow N(l; M)$ such that $\tilde{f}|_{I \times \{v\}} = f$, $\tilde{f}(\partial I \times \Delta) \subset A$ and $\tilde{f}(\text{int } I \times \Delta) = \phi$; and obtain an $(n-1)$ -submanifold $A_* = \{A - \tilde{f}(\partial I \times \Delta)\} \cup \tilde{f}(I \times \partial \Delta)$ having the orientation induced by A . When we perform the operation above, we shall say that the $(n-1)$ -submanifold A_* is obtained from A by an operation \square_1 (along l in M) and denote $A \square_1$. For any integer k , let $f: D^k \times \Delta^{m-k} \rightarrow M$ be an embedding such that $f(\partial D \times \Delta) \subset A$ and $f(\text{int } D \times \Delta) \cap A = \phi$. We can add an n -cell $D^k \times \Delta^{m-k}$ to A by an embedding f and obtain an $(n-1)$ -submanifold $A_* = \{A - f(\partial D \times \Delta)\} \cup f(D \times \partial \Delta)$ having the orientation induced by A . Then, we shall say that the $(n-1)$ -submanifold A_* is obtained from A by an operation \square_k and denote $A \square_k$. Moreover, we will denote $A \square_1 \square_2 \square_1 \square_1 \square_2$ and $A \square_3 \square_3 \square_2 \square_1 \square_2$ etc. by $A \square_1^3 \square_2^2 \square_3^0 \dots \square_n^0$ and $A \square_1^1 \square_2^2 \square_3^2 \square_4^0 \dots \square_n^0$ etc. unless confusion. It will be noticed that;

Proposition 1. *An operation \square_k does not exchange the homology class, that is $A = A \square_k$ in $H_{n-1}(M; Z)$.*

In general for two submanifolds A and B in M , we cannot always apply an operation \square_1 , see Lemma 2.

Definition 1. Let A be non-connected $(n-1)$ -submanifold in an n -manifold M and let A_1, A_2 be distinct connected components of A . Then, A_1 and A_2 are said to be *well-situated (relative to A)* iff there is a simple oriented arc l that spans A_1 and A_2 with disorienting orientation, i.e. $l \cap A = l \cap (A_1 \cup A_2) = \partial l \cap (A_1 \cup A_2) = \partial l$.

Lemma 1. *Let A_1, A_2 be disjoint connected $(n-1)$ -submanifold in an n -manifold M . If A_1 and A_2 are not well-situated relative to $A_1 \cup A_2$, then any one component of $A_1 \square_1^{\lambda_1} \square_2^{\lambda_2} \square_3^{\lambda_3} \dots \square_{n-1}^{\lambda_{n-1}}$ and any one component of $A_2 \square_1^{\mu_1} \square_2^{\mu_2} \square_3^{\mu_3} \dots \square_{n-1}^{\mu_{n-1}}$ are not well-situated relative to $A_1 \square_1^{\lambda_1} \square_2^{\lambda_2} \square_3^{\lambda_3} \dots \square_{n-1}^{\lambda_{n-1}} \cup A_2 \square_1^{\mu_1} \square_2^{\mu_2} \square_3^{\mu_3} \dots \square_{n-1}^{\mu_{n-1}}$.*

Proof. Suppose that a component, say B_1 , of $A_1 \square_1^{\lambda_1} \square_2^{\lambda_2} \square_3^{\lambda_3} \dots \square_{n-1}^{\lambda_{n-1}}$ and a component, say B_2 , of $A_2 \square_1^{\mu_1} \square_2^{\mu_2} \square_3^{\mu_3} \dots \square_{n-1}^{\mu_{n-1}}$ are well-situated relative to

$A_1 \square_1^{\lambda_1} \square_2^{\lambda_2} \square_3^{\lambda_3} \cdots \square_{n-1}^{\lambda_{n-1}} \cup A_2 \square_1^{\mu_1} \square_2^{\mu_2} \square_3^{\mu_3} \cdots \square_{n-1}^{\mu_{n-1}}$. So there is a simple oriented arc l that spans B_1 and B_2 with discoherent orientation. We may assume ∂l , say a_1, a_2 , is contained in A_1 and A_2 by slight deformation.

Let $\nu = \lambda_1 + \lambda_2 + \cdots + \lambda_{n-1} + \mu_1 + \mu_2 + \cdots + \mu_{n-1}$. If the ν -th operation is an operation \square_k , $k=2, 3, \cdots, n-1$, we can exclude the intersection of l and the k -handle $h^k(D) = f(D^k \times \Delta^{n-k})$ by deforming l isotopically, since $l \cap h^k(D) = \text{arcs}$, $l \cap \partial h^k(D) = l \cap (\partial D \times \Delta)$ and $\partial D \times \Delta \cong S^{k-1} \times \Delta^{n-k}$, see Fig. 1(a). If the ν -th operation is an operation \square_1 , we deform l isotopically so that l intersects with $f(\partial I \times \Delta^{n-1})$ transversally. If $l \cap f(I \times \Delta^{n-1}) \neq \emptyset$, then it consists of some arcs, and $l \cap f(\partial I \times \Delta)$ consists of some points b_1, b_2, \cdots, b_s numbered from a_1 to a_2 on l . If b_1 and b_s are contained in same component, say C , of $f(\partial I \times \Delta)$, we can join b_1 and b_s in C and obtain a simple arc $l' = \overline{a_1 b_1} \cup \overline{b_1 b_s} \cup \overline{b_s a_2}$. By deforming l' isotopically, we can obtain a simple arc \bar{l}' such that $\bar{l}' \cap f(I \times \Delta) = \emptyset$, see Fig. 1(b). So, we may assume b_1 and b_s are not contained in same component of $f(\partial I \times \Delta)$. Then we will reserve only two simple arcs $l'_1 = \overline{a_1 b_1}$ and $l'_2 = \overline{b_s a_2}$, see Fig. 1(c).

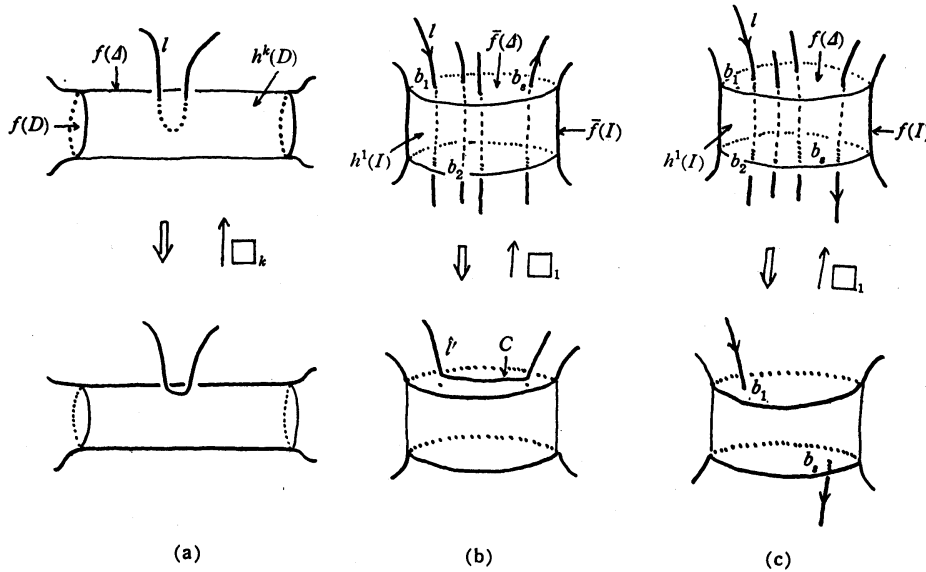


Fig. 1.

By the repetition of the procedure, we have simple oriented subarcs l_1, l_2, \cdots, l_p of l such that $l_i \cap (A_1 \cup A_2) = \partial l_i \cap (A_1 \cup A_2) = \text{two points}$, say c_i, d_i . Clearly, d_i and c_{i+1} are contained in A_j , and homology intersection numbers at the points d_i, c_{i+1} are 1 and -1 (or -1 and 1), $i=1, 2, \cdots, p-1, j=1, 2$, see Fig. 1(b)(c). Since A_1, A_2 is connected, we can join d_i and c_{i+1} by simple arc \bar{l}_i and obtain a simple oriented arc $\bar{l} = l_1 \cup \bar{l}_1 \cup l_2 \cup \bar{l}_2 \cup \cdots \cup l_{p-1} \cup \bar{l}_{p-1} \cup l_p$. By deforming

\tilde{l} isotopically, we can obtain a simple oriented arc \tilde{l} that spans A_1 and A_2 with discoherent orientation. Therefore, A_1 and A_2 are well-situated, which is a contradiction.

Lemma 2. *Let M be an n -manifold with non-connected boundary. Let A_1, A_2 be distinct component of ∂M having the orientation induced by M . Then, A_1 and $(-A_2)$ are not well-situated.*

Proof. Let l be a simple arc in M that spans A_1 and A_2 . If we give an arbitrary orientation for l , then it has the coherent orientation with A_1 (or $-A_2$), as M is orientable. And if we give the another orientation for l , then it has the coherent orientation with $-A_2$ (or A_1). That is, there exists no arc in M oriented discoherently with A_1 and $(-A_2)$.

§ 2. L -equivalence and \tilde{L} -equivalence

Definition 2. (*R. Thom* [8]) Let U, V be m -submanifolds in an n -manifold M . Then, we say that U and V are L -equivalent, iff there is an $(m+1)$ -submanifold W in $M \times I$ satisfying the following conditions;

$$(1) \quad W \cap M \times \{0\} = U, \quad W \cap M \times \{1\} = V;$$

and

$$(2) \quad \partial W = U - V.$$

Definition 3. An n -manifold M is said to be an L -manifold, iff for any two $(n-1)$ -submanifolds U, V such that $U \sim V$, U and V are L -equivalent.

Proposition 2. (*R. Thom* [8]) *Every manifold is an L -manifold.*

We will introduce stronger concepts than these as follows;

Definition 4. Let U, V be $(n-1)$ -submanifolds in an n -manifold M . Then, we say that U and V are \tilde{L} -equivalent, iff there exists a sequence $\{A_1, A_2, \dots, A_s\}$ of $(n-1)$ -submanifolds in M so that

$$(1) \quad U = A_1, \quad V = A_s;$$

and

$$(2) \quad A_{i+1} \text{ is isotopic to } A_i \text{ or obtained from } A_i \text{ by an operation } \square_k; \quad i=1, 2, \dots, s-1, \quad k=1, 2, \dots, n-1.$$

Definition 5. An n -manifold M is said to be an \tilde{L} -manifold, iff either one of the following conditions is satisfied;

$$(1) \quad \text{every } (n-1)\text{-submanifold is homologous to } 0 \text{ in } M;$$

or

- (2) for any two $(n-1)$ -submanifolds U, V such that $U, V \neq 0$ and $U \sim V$, U and V are \tilde{L} -equivalent

Let U be an $(n-1)$ -submanifold in an n -manifold M without boundary or with connected boundary. And let S_1, S_2, \dots, S_r be mutually disjoint $(n-1)$ -spheres such that each S_i bounds n -ball B_i in M and $B_i \cap U = \emptyset$.

We apply an operation \square_1 for distinct components of $\tilde{U} = U \cup S_1 \cup S_2 \cup \dots \cup S_r$, denoted $\tilde{U} \xrightarrow{1} \tilde{U}\square_1$, if it is possible. If we can still apply an operation \square_1 to distinct components of $\tilde{U}\square_1$, we apply an operation \square_1 . We repeat this procedure as often as possible, and have an $(n-1)$ -submanifold $\tilde{U}\square_1^i$ such that we cannot apply an operation \square_1 to distinct components of $\tilde{U}\square_1^i$. Then, we have the following diagram;

$$\begin{array}{ccccccc}
 \tilde{U} & \xrightarrow{1} & \tilde{U}\square_1 & \xrightarrow{1} & \dots & \xrightarrow{1} & \tilde{U}\square_1^i & \xrightarrow{1} & \dots & \xrightarrow{1} & \tilde{U}\square_1^j \\
 (*) & \cup & \cup & & & \cup & & \cup & & & \cup \\
 U_0=U & \longrightarrow & U_1 & \longrightarrow & \dots & \longrightarrow & U_i & \longrightarrow & \dots & \longrightarrow & U_j
 \end{array}$$

where U_{i+1} is an $(n-1)$ -submanifold obtained from U_i by applying the operation \square_1 in the following sense;

- (1) $U_{i+1} = U_i$, when the i -th operation \square_1 is applied to components of $\tilde{U}\square_1^i - U_i$.
- (2) $U_{i+1} = (U_i \cup A)\square_1$, when the i -th operation \square_1 is applied to U_i and a component A of $\tilde{U}\square_1^i - U_i$.
- (3) $U_{i+1} = U_i\square_1$, when the i -th operation \square_1 is applied to U_i .

Lemma 3. If $U_j \neq \tilde{U}\square_1^j$, then U is homologous to 0 in M .

Proof. Suppose $U_j \neq \tilde{U}\square_1^j$. So there exists a component S^{n-1} of $\tilde{U}\square_1^j - U_j$. Clearly, S^{n-1} bounds n -ball B^n . Let C_1 be a component of $M - N(\tilde{U}\square_1^j; M) - B$ whose boundary contains S^{n-1} . Let T_1, \dots, T_p be components distinguished S^{n-1} of ∂C_1 such that $T_i \subset \tilde{U}\square_1^j$. By assumption, if S^{n-1} has disorientable (or orientable) orientation with C_1 , T_i has coherent (or disorientable) orientation with C_1 , $i=1, 2, \dots, p$. If $p > 1$ then T_1 and T_2 are well-situated which is a contradiction to the property of $\tilde{U}\square_1^j$. Hence $p=1$ and T_1 is homologous to 0 since ∂M is homologous to 0, see Fig. 2.

Let C_2 be a component of $M - N(\tilde{U}\square_1^j; M) - B - C_1$ whose boundary contains T_1 . By the repetition of the above procedure, we have a component T_2' of $\tilde{U}\square_1^j - B$ homologous to 0.

We repeat the above procedure as often as possible, and have a sequence $\{T_1, T_2', \dots, T_{i-1}'\}$ of all components of $\tilde{U}\square_1^j - B$. And every component of $\tilde{U}\square_1^j - B$ is homologous to 0 in M .

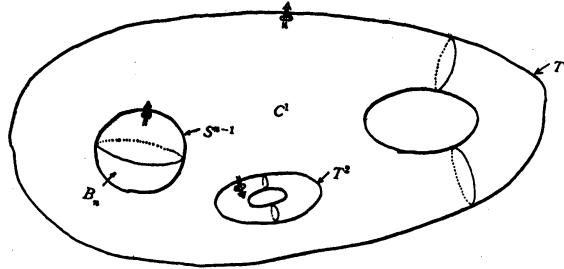


Fig. 2.

Since every component of $\tilde{U}\square_1^1$ in B is homologous to 0, $\tilde{U}\square_1^1$ is homologous to 0. Therefore U is homologous to 0 in M .

Lemma 4. $M, U, S_i, \tilde{U}, \tilde{U}\square_1^1$; the same as above. If U is not homologous to 0 in M , then U and \tilde{U} are \tilde{L} -equivalent.

Proof. It is enough to prove that U and $\tilde{U}\square_1^1$ are \tilde{L} -equivalent. We will proceed by induction on λ . If $\lambda=0$, by Lemma 3, $r=0$ and Lemma is obvious. Suppose $\lambda>0$. We have the diagramm (*), and moreover $\tilde{U}\square_1^1=U_1$ by Lemma 3. By induction then, U_1 and $\tilde{U}\square_1^1$ are \tilde{L} -equivalent. Therefore it is enough to prove that U and U_1 are \tilde{L} -equivalent. If the first operation \square_1 falls under the case (1) or (3), then it is obvious. Suppose the first operation \square_1 falls under the case (2). That is, the first operation \square_1 is applied to U and S_i , $i=1, 2, \dots, r$. Since S_i bounds n -ball B_i in M and $B_i \cap U = \emptyset$, U is isotopic to $U_1 = (U \cup S_i)\square_1$. Therefore U and $\tilde{U}\square_1^1$ are \tilde{L} -equivalent.

Lemma 5. Every L -manifold, without boundary or with connected boundary, is an \tilde{L} -manifold.

Proof. If every $(n-1)$ -submanifold in M is homologous to 0, Lemma is obvious. So we may assume that there is an $(n-1)$ -submanifold, say U , in M which is not homologous to 0.

Let V be an $(n-1)$ submanifold in M such that $V \sim U$. By assumption, there is an n -submanifold W in $M \times I$ satisfying the following conditions;

$$(1) \quad W \cap M \times \{0\} = U, \quad W \cap M \times \{1\} = V;$$

and

$$(2) \quad \partial W = U - V.$$

By deforming W isotopically, we have an n -submanifold W' in $M \times I$ such that $f|_{W'}: W' \rightarrow I$ is a non-degenerate mapping, see [3] [4], where $f: M \times I \rightarrow I$ is a projection. Since the critical points are finite, we may assume that there exist no critical points in $M \times [0, 1/4] \cup M \times [3/4, 1]$. By deforming W' isotopically,

we have an n -submanifold \tilde{W} in $M \times I$ satisfying the following conditions;

- (1) $f|_{\tilde{W}}: \tilde{W} \rightarrow I$ is non-degenerate,
- (2) the critical points of index 0 consist in $M \times (0, 1/4)$,
- (3) the critical points of index n consist in $M \times (3/4, 1)$,

and

- (4) the critical points of index $1, 2, \dots, n-1$ consist in $M \times (1/4, 3/4)$.

Therefore, $M \times \{1/4\}$ consists of an $(n-1)$ -submanifold U' and $(n-1)$ -spheres S_1, S_2, \dots, S_r such that U' is isotopic to U in M and each sphere S_i bounds n -ball B_i in M ; and $M \times \{3/4\}$ consists of an $(n-1)$ -submanifold V' and $(n-1)$ -spheres S'_1, S'_2, \dots, S'_r such that V' is isotopic to V in M and each sphere S'_j bounds n -ball B'_j in M . Clearly $B_i \cap U' = \emptyset$ and $B'_j \cap V' = \emptyset$.

Since the critical point of index k corresponds the operation \square_k , $k=1, 2, \dots, n-1$, $\tilde{U} = U' \cup S_1 \cup S_2 \cup \dots \cup S_r$ and $\tilde{V} = V' \cup S'_1 \cup S'_2 \cup \dots \cup S'_r$ are \tilde{L} -equivalent in M . By Lemma 4, \tilde{U} and U' are \tilde{L} -equivalent, and \tilde{V} and V' are \tilde{L} -equivalent. Hence U' and V' are \tilde{L} -equivalent. Therefore, U and V are \tilde{L} -equivalent.

Combining this with Proposition 2, we will obtain the following;

Theorem 1. *Every connected manifold, without boundary or with connected boundary, is an \tilde{L} -manifold.*

While, for the other manifolds, we will obtain the following;

Proposition 3. *Every manifold M with non-connected boundary is not an \tilde{L} -manifold.*

Proof. Let $f: D^n \rightarrow \text{int} M$ be an embedding. Then, $S = f(\partial D)$ is an $(n-1)$ -sphere in M . Let A be a component of ∂M . Since $M - f(D)$ is an orientable n -manifold, we give the orientation induced from $M - f(D)$ to A and S . By Lemma 2, A and $-S$ are not well-situated. Therefore, A and $A \cup (-S)$ are not \tilde{L} -equivalent. While, A is homologous to $A \cup (-S)$ and $A \neq 0$. Hence M is not an \tilde{L} -manifold.

§ 3. Proof of Theorem 2

[Proof of Theorem 3 (2) \rightarrow (1).]

According to [8] p.55, Théorème II.27, there is an $(n-1)$ -submanifold representing θ in M . Let A be an $(n-1)$ -submanifold such that the number of connected components of A is smallest in $(n-1)$ -submanifolds representing θ in M . Clearly, there is no component of A homologous to 0 in M , and we cannot apply an operation \square_1 for distinct components of A .

Let C_1, C_2, \dots, C_p be connected components of A . Suppose $p > 1$. Let M_i be a component of $M - N(A; M)$ and let $V_1, V_2, \dots, V_{t(i)}$ be components of $\partial M_i - \partial M$. Clearly $t(i) \geq 1$. Since $V_j \sim 0$ in M for any j , $t(i) \geq 2$. Suppose $t(i) \geq 3$. If V_1 has the coherent (or dis coherent) orientation with M_i , V_j has the dis coherent (or coherent) orientation with M_i , $j=2, 3, \dots, t(i)$. Then, V_2 and V_3 are well-situated in M_i . Since M_i is orientable, there exists no s , $1 \leq s \leq p$, such that V_2 and V_3 are contained in $\partial N(C_s; M)$, see Fig. 3. Therefore, $V_2 (= C_\lambda)$ and $V_3 (= C_\mu)$ are well-situated in M , $1 \leq \lambda, \mu \leq p$ and $\lambda \neq \mu$; which is a contradiction to the property of A . Hence $t(i) = 2$.

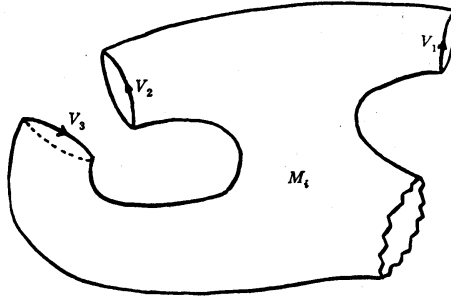


Fig. 3.

Let T_1, T_2 be components of $\partial M_i - \partial M$. If $T_1 \sim (-T_2)$ in M , T_1 and T_2 are well-situated in M which is a contradiction to the property of A , by the same reason as above. Therefore $T_1 \sim T_2$ in M , since $\partial M \sim 0$. Since M is connected, $C_1 \sim C_2 \sim C_3 \sim \dots \sim C_p$ in M . Hence pC_1 represents a homology class θ of $H_{n-1}(M; \mathbb{Z})$, which is a contradiction to (2). Therefore $p=1$ and A is a connected $(n-1)$ -submanifold representing θ .

[Proof of Theorem 2 (2) \rightarrow (1).]

By Theorem 3 (2) \rightarrow (1), a homology class

$$\frac{\theta}{|\alpha|} = \frac{a_1}{|\alpha|} g_1 + \frac{a_2}{|\alpha|} g_2 + \dots + \frac{a_r}{|\alpha|} g_r,$$

can be represented by a connected $(n-1)$ -submanifold A in M , since $(a_1/|\alpha|, a_2/|\alpha|, \dots, a_r/|\alpha|) = 1$.

Let $f: A \times I \rightarrow M$ be an embedding such that $f|_{A \times \{0\}} = id$. We have mutually disjoint $(n-1)$ -submanifolds $A_i = f(A \times \{i/|\alpha|\})$, $i=1, 2, \dots, |\alpha|$, where each A_i has the same orientation as $\alpha/|\alpha|A$'s. Let S_1, S_2, \dots, S_r be mutually disjoint $(n-1)$ -spheres such that each S_i bounds n -ball B_i in M and $B_i \cap f(A \times I) = \emptyset$, where $r = \beta - |\alpha|$. Then we have a required $(n-1)$ -submanifold $A_1 \cup A_2 \cup \dots \cup A_{|\alpha|} \cup S_1 \cup S_2 \cup \dots \cup S_r$ in M .

To show Theorems 2 and 3 (1) \longrightarrow (2), it is enough to show the following;

Lemma 6. *Let M be an n -manifold without boundary or with connected boundary. If a non-trivial homology class f of $H_{n-1}(M; Z)$ is represented by a connected $(n-1)$ -submanifold A in M , then αf is not representable by an $(n-1)$ -submanifold having β connected components in M , where $\beta < |\alpha|$.*

Proof. Suppose αf is represented by an $(n-1)$ -submanifold B having β connected components in M .

Let $g: A \times I \longrightarrow M$ be an embedding such that $g|_{A \times \{0\}} = id$. We have mutually disjoint $(n-1)$ -submanifolds $A_i = g(A \times \{i/|\alpha|\})$, $i=1, 2, \dots, |\alpha|$, where each A_i has the same orientation as $\alpha/|\alpha|A$'s. Since M is a manifold without boundary or with connected boundary, M is an \tilde{L} -manifold by Theorem 1. Since $A_1 \cup A_2 \cup \dots \cup A_{|\alpha|} \sim B$, B is isotopic to an $(n-1)$ -submanifold B' which is obtained from $A_1, A_2, \dots, A_{|\alpha|}$ by a finite sequence of operations \square_k . While A_i and A_j are not well-situated for $i \neq j$. Hence, by Lemma 1, $A_i \square_1^{j_1} \square_2^{j_2} \dots \square_{n-1}^{j_{n-1}}$ and $A_j \square_1^{i_1} \square_2^{i_2} \dots \square_{n-1}^{i_{n-1}}$ are not well-situated. Therefore there is no sequence of operations \square_k such that $(A_1 \cup A_2 \cup \dots \cup A_{|\alpha|}) \square_1^{j_1} \dots \square_{n-1}^{j_{n-1}}$ is an $(n-1)$ -submanifold having β components in M , if $\beta \geq |\alpha|$. This completes the proof.

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